

## HOW TO USE YOUR DVR

### PAUSING/RESTARTING A PROGRAM

1. To temporarily stop a live TV program, press **⏸**.
2. A progress bar will appear on-screen, showing you how much time has elapsed and for how long until play resumes. The action will pause for up to 90 minutes.



*Note: If you don't think you'll be able to return to the program in 90 minutes, simply press record to begin recording.*

3. Press **▶** at any time to restart the program from where you left off.

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## REPLAYING WHAT YOU MISSED

1. Press  to “rewind” the program you’re watching. A progress bar will appear to indicate how far you can go back in time.



- Press  2, 3, or 4 times to rewind at increasing speeds.
- Press  to skip back in 7 second increments.
- Press  anytime to begin watching.

## FAST FORWARDING/ RETURNING TO LIVE PROGRAM

If you have paused or replayed a live program, you can use the  and  buttons to go forward in time.

1. Press  to fast forward. A progress bar will appear to indicate how far you can go forward (and back) in the program.



- Press  2, 3, or 4 times to advance at increasing speeds.
- Press  to fast forward in 30 second increments.

2. To return to live TV, fast forward until you reach the end of time bar on the on-screen progress indicator.